

Understanding “*The Path to Arhatship*”

The word “Arhat” is an ancient term which means a person has become a Saint, Paramahansa, a Wali, or a highly Developed Being

-Extracted from www.wikipedia.org

Practitioners who decide to walk on this Compassionate Path to Universal Knowledge & Wisdom - may experience a tremendous downpouring of Spiritual Energy. This occurs when a complete System for Spiritual Practices (or *Sadhana in Sanskrit*) is regularly followed.

When a Practitioner consciously begins to partake of different types of systematic Practices, this leads to Soul Development and they come to *The Path to Arhatship*.

Spiritual Practices lead to discovering:

- The Fundamental causes of our Internal Suffering can be transformed into Inner Peace, Joy and Reconciliation - in both one’s personal and professional life.
- Practitioners may more easily release their Illusion - that Worldly matters and objects are never Permanent. This permits the Practitioner to become serenely filled with a deeper level of Understanding and Acceptance - of the events that transpire in their daily lives.
- Practitioners may finally reach a State of Inner Stillness and Peace - and will feel a reduction in their Emotional Turmoil including Stress – thereby allowing a greater degree of Flow in their lives.
- Practitioners may also find a deeper sense of Appreciation for the Abundance in their own lives – particularly when they strive to “Serve” less fortunate people who are in need of help.

Spiritual Practice on *The Path to Arhatship* can rapidly accelerate the Development of one’s Body, Mind and Soul.

We are looking forward to sharing with you more Light from the Great Spiritual Teachers and Masters – who’s Treasure Teachings compose what *The Inner Sciences India Trust* calls, “*The Path to Arhatship*”.